

# IMMEDIATE IMPLANT PLACEMENT BY USING BONE-ALBUMIN ALLOGRAFT AND CONCENTRATED GROWTH FACTORS (CGFS): PRELIMINARY RESULTS OF A PILOT STUDY

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## SUMMARY

The provision of structural base and soft tissue support in dental implantology still remains a complex task. In the present study a new technique was introduced, which employs Bone-Albumin allograft and Concentrated Growth Factors (CGFs) integrated in a 1-stage immediate implant placement. The allograft is transformed from cubic to cylindrical shape by means of bone cutting forceps, followed by central osteotomy for screwing the implant within the allograft. The implant/graft combination promotes graft union, increases dental stability and minimizes graft resorption. The successful outcome of the proposed technique is evaluated by means of clinical and radiographic data. In conclusion, the proposed method provides a successful immediate dental implantation in terms of osseo-integration, stability and aesthetic results.

**Key words:** bone-albumin allograft, concentrated growth factors, immediate implant placement.

## Introduction

Implant primary stability is considered as the key factor towards successful dental implantation (1, 10). It can be simulated to implant anchoring inside the bone. The implant site must be surrounded by both hard and soft tissues that are compatible to each other, to succeed in the rapid osseointegration of the inserted implant. The amount and nature of these additional factors, especially in areas with large bone deficiency, play an important role towards more stable and aesthetic results for the patient (11, 18).

The aim of the present study was to evaluate a new surgical technique for immediate dental implantation employing Bone-Albumin allograft (OrthoSera Products, Austria) and Concentrated Growth Factors (CGF), by means of a precise and evaluated protocol.

## Materials and methods

A 32-year-old man referred persistent pain at tooth area #22. Following a clinical and radiographic (panoramic scans) evaluation, a tooth



**Figure 1**  
(a) Pre-operative clinical image area #22, (b) clinical image of fractured tooth after extraction.

fracture (Figure 1a) in this area was determined as the cause of the pain. After consultation with the dentist conducting this study, the patient chose the tooth extraction and surgical implant solution by means of immediate implant placement with simultaneous bone allograft (Cancellous block) and CGF employment. He was informed of the requirements for participation in this case study and written informed consent was obtained.

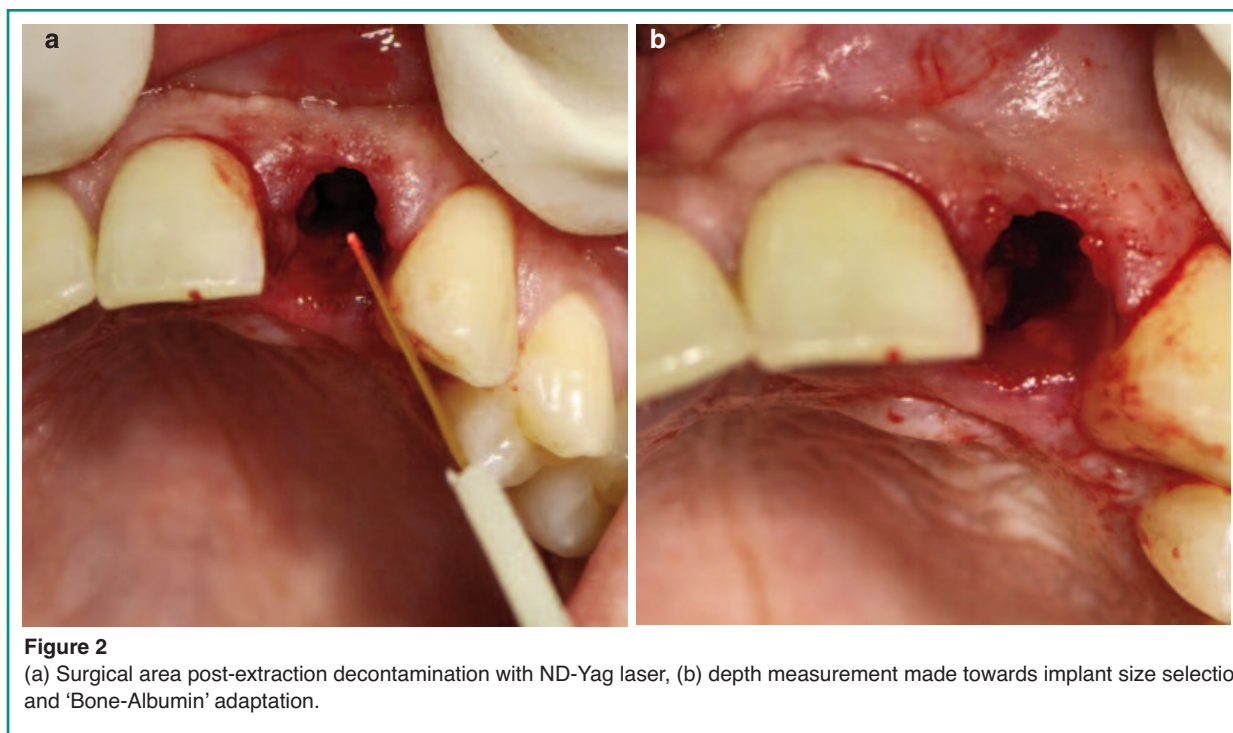
Providine-iodine solution (Betadine) has been employed extra-orally for microbial disinfection of the surgical site. The fractured tooth extraction (Figure 1b) and dental implantation was performed a-traumatically under local anesthesia (2% lidocaine solution, epinephrine 1:100 000). Preoperative and postoperative antibiotic was administrated orally (Augmentin) every 8 hours from surgery day until 7 days later. Additional decontamination within the post-extraction surgical area was employed using ND-Yag laser followed by betadine and normal saline wash (Figure 2a). Additional visual inspection at the surgical area and surrounding bone was followed to ensure successful atraumatic removal. Any soft tissue remnants in the extraction socket were carefully removed to ensure complete removal of all contaminated tissues. Depth meas-

urement was then employed for implant size selection and Bone-Albumin adaptation according to the corresponding extraction socket dimensions (Figure 2b).

## CGF with Stem Cells Cd34+ Preparation

Initially, blood was pinched from the patient with eight sterile tubes of 9ml volume. Then immediate centrifugation was performed with Medifuge Benchtop centrifuge device (Silfradent srl, St. Sofia, Italy) for approximately 14 minutes. Blood fractionation derived from centrifugation from top to bottom (Figure 3a) comprises:

1. Upper component that contains Serum (blood plasma without fibrinogen and coagulation factors).
2. Interim components that consists of a large and dense polymerized fibrin buffy coat divided in two distinct intermediate sub-components: (a) the upper Platelet Poor Plasma (PPP), and (b) the lower fibrin rich gel with aggregated platelets and concentrated growth factors (CGF).



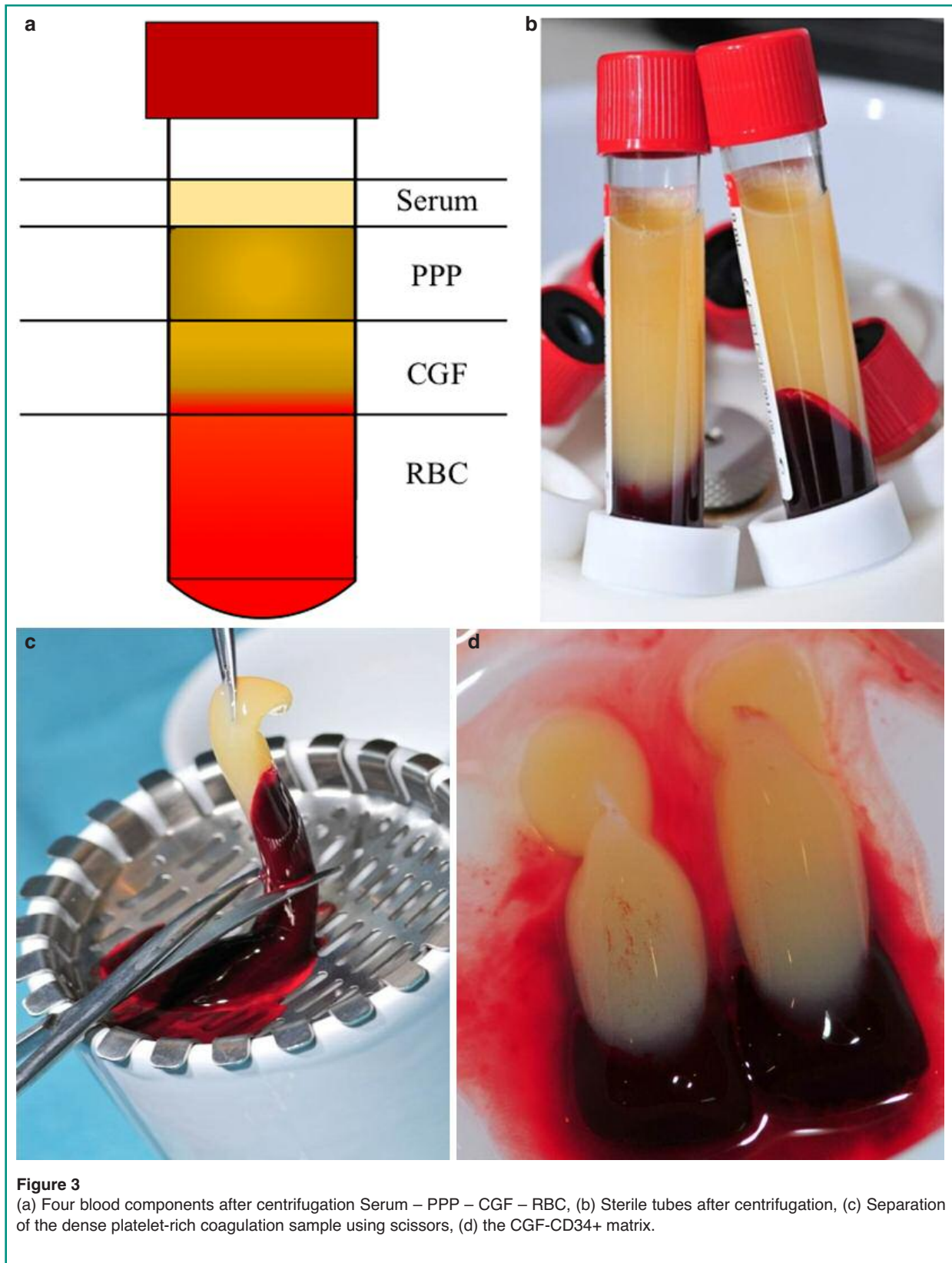
3. The lower component which is the red blood cell portion (RBC).

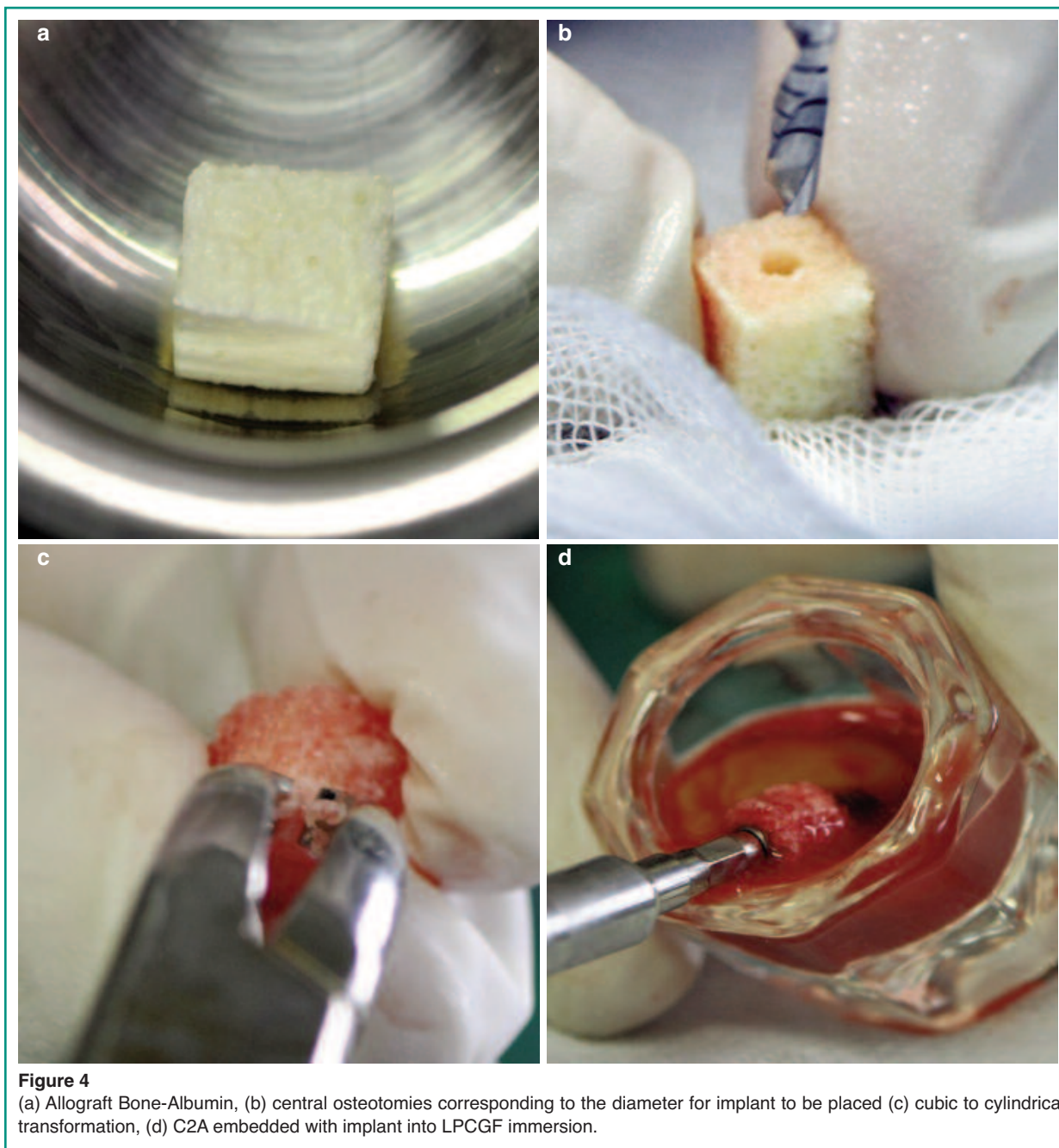
The majority of growth factors and stem cells CD34+ are mainly aggregated between CGF and the upper 3-4 mm of red blood cells (RBC) portion (Figure 3b). It has been shown that CD34 positive cells exist on both layers recording a higher number in the CGF layer due to the CGF network composition in which the cells are trapped (15-25) CGF and CD34+ are isolated from the red corpuscles employing scissors (Figure 3c) to derive the CGF-CD34+ matrix (Figure 3d).

### Bone-Albumin (Cancellous Block) Preparation and modification

The Bone-Albumin allograft employed in this study is depicted in Figure 4a. Its dimensions were 10x10x20 mm. A series of implant drills

with increasing diameters was subsequently utilized to modify the graft's central osteotomies according to the final implant diameter to be placed in the center of the allograft. The drill diameters from lower to higher were: 2.1 mm, 3 mm, 3.5 mm and 4 mm. The Bone-Albumin graft dimensions were carefully transformed from cubic to cylindrical by means of bone cutting forceps, for an optimum insertion in the osteotomy site (Figure 4c). The osteotomies previously carried out corresponded to an possible placement of Duravit EV 4 mm L. 14 implant with aggressive treatments (B&B Dental Italy) (Figure 4d). The transformed 'Cancellous 2 Allograft' C2A and the implant were individually embedded and immersed into the Liquid Phase of the Concentrated Growth Factors (LPCGF) to form an autologous "bioactive" membrane on their surfaces and to enhance the osseointegration procedure. LPCGF was derived by squeezing the CGF-CD34+ matrix with the CGF-forceps (Silfradent, Italy) (Figure 4d) (10).



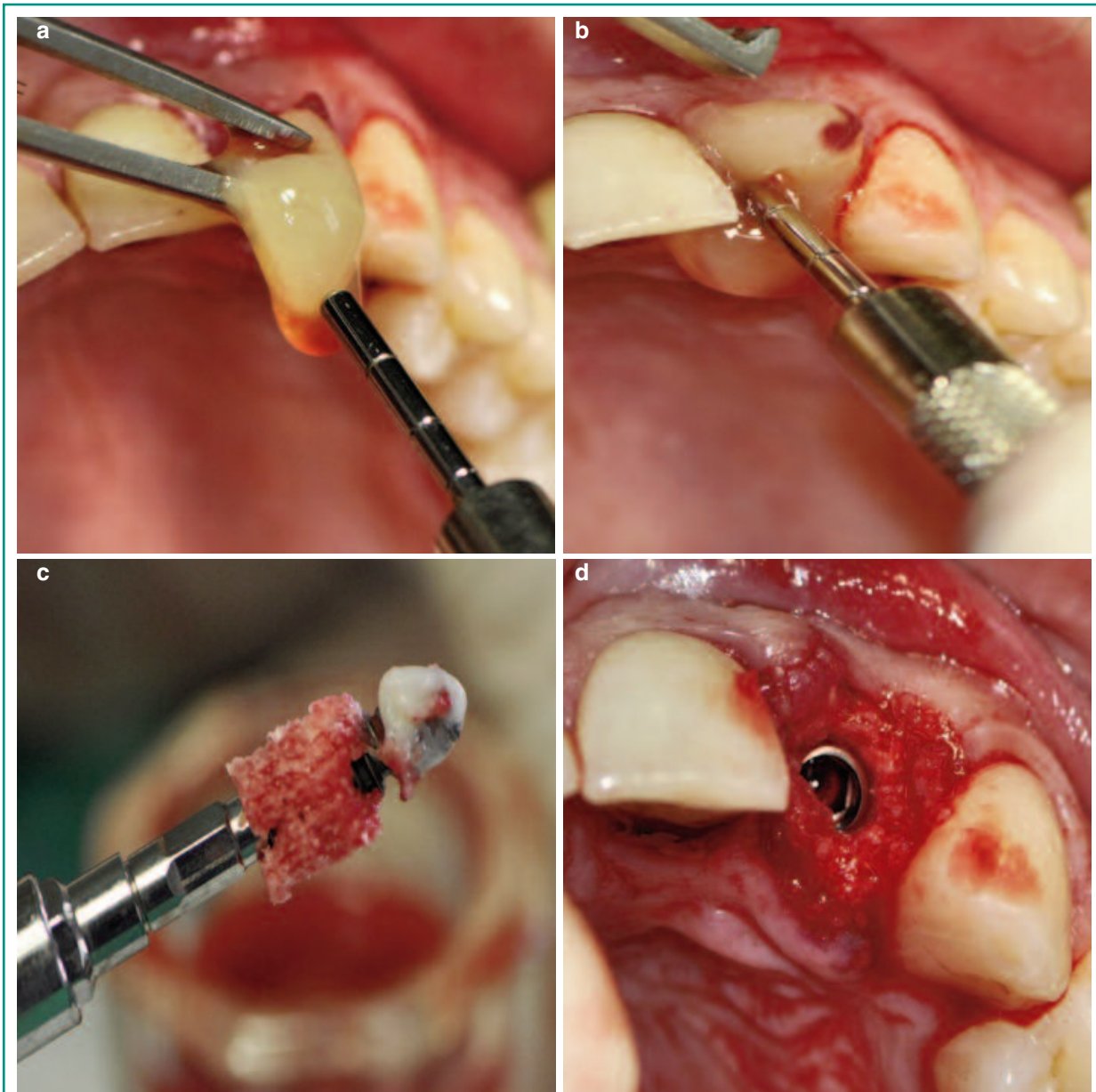


**Figure 4**  
(a) Allograft Bone-Albumin, (b) central osteotomies corresponding to the diameter for implant to be placed (c) cubic to cylindrical transformation, (d) C2A embedded with implant into LPCGF immersion.

## Implant surgery

The CGF matrix, created in the previous process of blood centrifugation, was placed within the osteotomy site by means of a fibrin injector (Silfradent-Italy), which proved to be a great tool

for the swift insertion of the fibrin gel block (Figure 5a, b). The CGF matrix release liquid growth factors within the site prior to implant/C2A placement. Additional CGF-CD34+ gel is applied to fill any observed gaps found between C2A and the implant (Figure 5c). The cylindrically transformed C2A together with



**Figure 5**  
(a), (b) CGF matrix insertion within osteotomy site with fibrin injector, (c) implant/graft gaps coverage with CGF-CD34+ gel (d) Implant/C2A placement into extraction socket.

the implant were then fitted in the extraction socket. Minor contour adjustments were necessary to ensure adaptation and stability (Figure 5d).

A CGF biological membrane is then prepared

with the special Silfradent pincers (Figure 6a) and sutured in order to seal the operation site by means of 3/0 surgical sutures (Figure 6b). This procedure provides continued soft tissue support and minimizes postoperative edema.

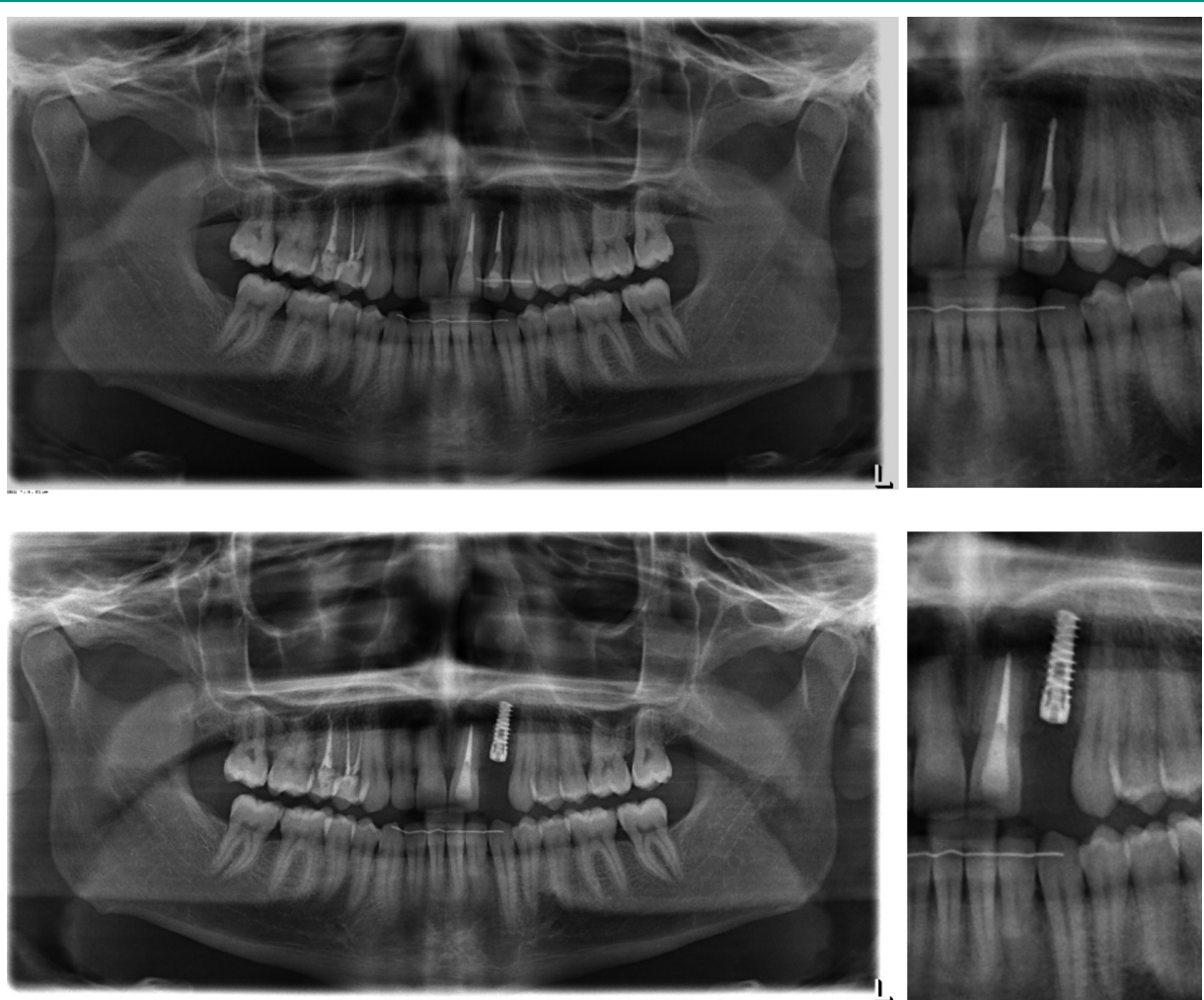


**Figure 6**  
(a) CGF Biological membrane preparation with the special Silfradent pincers, (b) CGF matrix insertion within osteotomy site CGF biological membrane, (c) surgical suture within the operation site to seal it.

## Results

The implant is osseointegrated. At the follow up panoramic radiograph after six (6) months the improvement in the overall alveolar bone height and surrounding soft tissue in the operation site is apparent (Figure 7). No signs of infection were observed around the implant's bone interface.

The postoperative (6 months) panoramic radiograph (down) depicts the increased crestal bone height gained by the utilization of C2A and CGF around the implant. In the same radiograph the new generated bone surrounding the cervical part of the implant is also shown. The high albumin concentration, that comprises the Cancellous Block combined with the regenerative properties of CGF, provides the ability of stem cells to grow and therefore the growth of the new tis-



**Figure 7**  
(a) Preoperative panoramic radiograph (up) showing fractured tooth at area #22, (b) postoperative (6 months) panoramic radiograph (down).

sue, as well. In addition, the special properties of Bone-Albumin allograft induce the restructuring procedure filling the whole cavity and slowly forming new bone tissue around the graft/implant.

## Discussion

Patients having bilateral gaps on the implant coronal plane or patients with areas having a small crestal bone height can be addressed suc-

cessfully by an immediate implant placement described within this study (12, 15, 18-20). The proposed method based on C2A and CGF provides additional stability of the implant at the crestal region by screwing the implants to the transformed C2A and immersing both in LPCGF prior to the precise fitting within the extraction socket (10-19).

The simultaneous utilization CGF-CD34+ gel and CGF biological membrane enhances the soft tissue regeneration procedure providing a good esthetic result. The Bone-Albumin allograft can be formed into any desired dimension, regard-



less of the dimensions of the extraction socket, to optimize its biomechanical properties. The implant/C2A combination promotes graft union and minimizes graft resorption. In conclusion, the proposed method provides a successful immediate dental implantation in terms of osseointegration, stability and aesthetic results.

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